

NOROVIRUS

Clean it up!

What is Norovirus?

Norovirus is a viral infection that is a common cause of diarrhea and vomiting.

It is highly contagious.



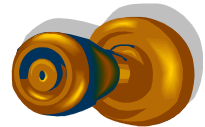
Clean it up!

- Clean all hard surfaces with a bleach based cleaner.
 - Follow all precautions and instructions on the bleach bottle.
 - Use 1/3 cup bleach to 1 gallon of water for cleaning.
 - Leave solution on for 20 minutes, then rinse with clean water.
 - Wash all soiled clothing and linens in hot water with a bleach based detergent.
- *For alternative cleaning instructions see our website.*



How is Norovirus spread?

- Norovirus can live up to 10 days on hard surfaces such as doorknobs, hand rails, etc.
- Touching surfaces that have the virus on them.
- Direct contact with an infected person.
- Eating food handled by an infected person.



Who gets Norovirus?

ANYONE CAN GET NOROVIRUS!

Common symptoms:

- nausea
- vomiting
- diarrhea

Hospitalization is rare and most people recover in 24-48 hours.



For more information, visit:

<http://health.utah.gov/epi/diseases/norovirus/index.html>

Or call:

Salt Lake Valley Health Department 534-4607