



News Release
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Teens and Sexual Health

(Salt Lake County) – Sexually Transmitted Infections (also called STIs or STDs) continue to rise in Salt Lake County, and young men and women between the ages of 15-24 years are most commonly affected.

In an effort to imp, the Salt Lake Valley Health Department is sponsoring a series of seminars to help parents learn how to talk to their teens about sex and sexually transmitted infections.

“Talking to your teen about their sexual health may be one of the hardest things you ever do as a parent... or maybe, *don't* do,” explains Lynn Beltran, HIV/STD program manager. “At the health department, we know how difficult this conversation can be, but we also know how important it is.”

The seminars will take place in Glendale, Rose Park, Midvale, West Valley City and Kearns, the five regions in the county that have the highest rates of STDs among teens and young adults. The series begins June 28th, and will be offered in English and Spanish.

For a schedule of seminars, go to www.slvhealth.org and click on programs or call 801-534-4600.

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