



**Media Advisory**  
September 7, 2007

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### **Photo / Video Op**

## **National Walking Guru Joins Mayor, Residents For Last Walk** *Walking program ends second successful year*

**What:** National walking expert and TV host, Mark Fenton will join Salt Lake County Mayor Peter Corroon and residents for the final walk of the 2007 Weigh Active and Healthy (WAH) summer walking program.

**Where:** Sugarhouse Park  
900 South 600 East

**When:** Monday, September 10<sup>th</sup>  
6:00 p.m.

**Why:** Concerned about the growing obesity problem in Salt Lake County, Mayor Corroon and SLVHD launched the new community-based Weigh Active and Healthy program for County residents in August 2006.

“It’s hard to believe we’re coming to the end of our second year already,” says Terri Sory, Program Manager. “It’s actually been a lot of fun!”

In Salt Lake County, overweight and obesity rates are at a staggering 58.3% and 46.5% of county residents are not adequately physically active.

**Photo Op:** Salt Lake County Mayor Peter Corroon along with hundreds of WAH program participants will be joined by national walking guru and TV host, Mark Fenton\*, in the final walk of the 2007 season at Sugarhouse Park.

Interviews with Mayor Corroon, Mark Fenton, and Weigh Active and Healthy program participants will be available.

\*Mark Fenton is an entertaining, persuasive, and knowledgeable walking advocate and the nationally renowned host of the PBS series, **America's Walking** (<http://www.pbs.org/americaswalking/series/host.html>).

For more info on Weigh Active and Healthy visit [www.slvhealth.org](http://www.slvhealth.org).

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